

9 POINT GUIDE for women to travel safely

"In general, women may encounter problems such as security, gender inequality, sexual harassment or assault when traveling internationally. "The rate of occurrence of this situation may vary depending on the country and travel direction."

01.

Research and Planning:
Do detailed research on your destination before traveling. Identify safe areas, familiarize yourself with local customs and laws, and consider accommodation options carefully.



02.

Communication:
Inform your relatives and trusted people about your travel plans. Always carry a mobile phone to keep in touch and save emergency numbers.



03.

Luggage Preparation:
Keep your valuables and important documents safe. When necessary, keep photocopies or digital copies of passports, ID cards and health documents in a separate place.



04.

Transport:
Use safe and reliable transportation options wherever you travel. When choosing taxis, be sure to choose official and licensed ones. If you need to take a taxi late at night, consider calling ahead or using reliable taxi apps.



05.

Accommodation:
Choose safe and reliable accommodation options. Do good research and try to choose hotels or accommodations where security measures are taken. Make sure you lock your hotel room doors and windows well.



06.

Trust Your Instinct:
Trust your instincts when traveling. If you feel uncomfortable with a place or someone, walk away and get support somewhere you trust.



07.

Get Advice from the Women of the Country You Visit About Local Customs:
Form sisterhood bonds and seek their advice to understand the culture and customs of the country you are traveling to. In this way, you can feel more comfortable and safe.



08.

Internet Safety:
Be careful when using the internet while traveling. Avoid public Wi-Fi networks and use VPN to ensure secure internet connections. Avoid sharing personal and financial information.



09.

Tehlike Listesi:
Asher ve Lyric Fergusson tarafından hazırlanan en çok uluslararası turistin geldiği 50 ülkede sokak güvenliği, kadınların erkekler tarafından kasten öldürülmesi, yasal ayrımcılık, küresel cinsiyet farkı ve eşitsizlik endeksi ve kadına yönelik şiddete ilişkin tutumları hesaplanmasıyla oluşturulan "Kadın Tehlike Endeksi"ni seyahat planlarınız öncesinde dikkate alın.

